

# BANDO OPEN 2010 NABAN GRAPPLING



**Date:** May 28, 2010

**Place:** Millsop Community Center, 3420 Main St Weirton, WV 26062

**Time:** Doors open at 5 p.m. Weigh -Ins and Registration Friday 2 p.m. to 5 p.m.

**Cost:** \$40. for all competitors, \$5.00 for spectators

ABA active members receive a \$5.competition discount

## Divisions:

**Submission/Take down points/mount points.**

**Teens 15 to 17 (No Gi)**

**Men's adult (No Gi)**

**Men's Executives (36 to 42 years of age) (No Gi)**

**Men's Masters (43+)**

**Women's (No Gi)**

Sanctioned by THE  
AMERICAN BANDO  
ASSOCIATION

*All matches 5 minutes in duration this is a round robin event if there are 3 fighters or less*

**Contact:** Bando National Events Committee Members:

**Cordell Blackshere (Tournament Director)** 304.670.3444 or Weirtonbando@hotmail.com

**Buzz Evans( BANDO NABAN MASTER)** at 740.238.0063 or buzzye@hughes.net

**James Cassels 304.559.6423**

**Dan Urban 304.479.2912**

**Previous Champion**

**Men's Grand Champion**

**Luke Spencer**

**Toronto Mixed Martial Arts**



# 2010 BANDO NABAN OPEN GRAPPLING TOURNAMENT

## NABAN RULES

- A. General Requirements**                      **Salutation Ritual**
1. Athletic Supporter
  2. No shirt
  3. No shoes
  4. Gi pants or wrestling pants
  5. Five minute rounds
  6. Round robin matches
  7. Mouth piece
- B. Prohibited Acts:**
1. No striking, punches, kicks, knees, Elbows or Head butts
  2. No Fish Hooks to mouth
  3. No Eye Gouging or Finger Locks
  4. No Biting, Hair Pulling or Obscenities
  5. No Fighting out of the ring
  6. Un-sportsmanlike conduct including unbecoming actions, profanity, disrespect towards the competitors or the officials
  7. The subject competitor will be disqualified if coaches interfere with the match by stepping into the ring, excessive shouting or coaching instructions, un-sportsmanlike conduct as described in #6 above.
  8. Any refusal to obey commands of the Ring Referee or tournament Officials  
Any such violation in the first instance may result in immediate elimination without warning. Upon the second offense in the same or subsequent bout, the offending competitor may be disqualified from that bout or tournament at the discretion of the Ring Referee. Bouts are to be decided by the judges and the Ring Referee's overall decision voting in favor of one competitor.  
The Ring Referee will break a tie in the judge's decision. A disputed decision by the ring staff may be appealed to the Tournament Director whose decision is final.
- C. Legal Acts:**
1. Throws, Flips, trips, Grabbing, Seizing and Locking
  2. Holds, Arm, Leg, holds and chokes
- D. Three ways to win:**
1. Pinning (five seconds on back or stomach) no resting in Guard or Stalling on stomach
  2. Submission Tap out by verbal, Hand or Foot gesture
  3. Decision by Center Referee and two judges

# Divisions

Sub Novice 0 to 6 months

Novice 6 to 12 months

Intermediate 1 to 2 years

Advanced 2 years plus

Executive 36 to 42 years of age

Master 43+

# Weight Classes

## Men's No Gi Division

Fly Weight (139.9 lbs. & Under)  
Feather Weight (140 lbs. to 149.9 lbs.)  
Light Weight (150 lbs. to 159.9 lbs.)  
Welter Weight (160 lbs. to 169.9 lbs.)  
Middle Weight (170 lbs. to 179.9 lbs.)  
Light Heavy Weight (180 lbs. to 189.9 lbs.)  
Cruiser Weight (190 lbs. to 199.9 lbs.)  
Heavy Weight (200 lbs. to 224.9 lbs.)  
Super Heavy Weight (225 lbs. & Above)

## Women's No Gi Division

Light Weight (134.9 lbs & Under)  
Middle Weight (135 lbs. & Above)

## Teens No Gi Division

Fly Weight (129.9 lbs. & Under)  
Light Weight (130 lbs. to 149.9 lbs.)  
Middle Weight (150 lbs. to 169.9 lbs.)  
Heavy Weight (170 lbs. to 199.9 lbs.)  
Super Heavy Weight (200 lbs. +)

- ◆ Please note – We reserve the right to either subdivide or combine the above weight classes the day of the event depending on the turnout.