

# 2010 Bando National Free-Fighting Tournament

*“Honoring our Military Veterans”*

Registration Information

**Critical Date:**

Register for the tournament by **May 20, 2010**

The Millsop Community Center 3420 Main St, Weirton WV 26062

Friday May 28<sup>st</sup> through Sunday May 30<sup>rd</sup>

Late Registration: May 28<sup>st</sup> from 5pm to 10pm Tournament site

Middle style Tournament begins at 9:30am May 29th

**FRIDAY EVENING MAY 28 NABAN GRAPPLING  
SATURDAY EVENING, MAY 29  
BLACK BELT INDUCTION CEREMONY**

**SUNDAY MORNING, MAY 30<sup>TH</sup>**

**SEMINAR WITH GRANDMASTER DR. GYI**

## **Bando Instructors and Practitioners,**

We are honored to be hosting this year's National Free-Fighting tournament in Weirton, WV – about 30 minutes from **Pittsburgh International Airport**.

We have reserved a block of 50 rooms at our Headquarters Hotel, the **Holiday Inn located at 350 Three Springs Dr. Weirton WV 26062**. Use code: **H-77** when registering for our rate **\$99.00** for Queen or Double.

We have also blocked **24** rooms at the **Super 8** motel located at **1505 University Blvd Steubenville, OH**. Use code: **Weirton Bando** when registering.

Our HQ group rate is **\$99.00 per night**, plus taxes. **The special \$99 room rate is only good through May 1st**. Our block of rooms will be released after that date.

**The Super 8 rate is \$75.00 per night plus tax -Code Weirton Bando**. A listing of additional area hotels is listed on the last page of this flyer.

**To book your reservation at HQ:  
CALL 304.723.5522 and ask for the American Bando Association rate.**

On behalf of the Weirton Bando, we look forward to seeing you in May!!!

Best regards,  
Cordell Blackshere  
Weirton Bando

**FOR ANY QUESTIONS:  
CONTACT: Cordell Blackshere at**

## 2010 Bando Free-Fighting Tournament Registration

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_

ZIP CODE: \_\_\_\_\_

CONTACT  
(E-MAIL) \_\_\_\_\_

AGE: \_\_\_\_\_

MALE/FEMALE: \_\_\_\_\_

WEIGHT: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

INSTRUCTOR: \_\_\_\_\_

RANK/LEVEL: (Check appropriate line)

WHITE/BEGINNER: \_\_\_\_\_

GREEN/INTERMEDIATE: \_\_\_\_\_

BROWN/ADVANCED: \_\_\_\_\_

BLACK (LEVEL): \_\_\_\_\_

**TOURNAMENT REGISTRATION FEE IS \$35**

**YOU MAY ALSO PAY BY CHECK – PAYABLE TO WEIRTON BANDO. COMPLETED, SIGNED  
REGISTRATION FORMS MUST BE MAILED TO CORDELL BLACKSHERE (ADDRESS BELOW)**

**Cordell Blackshere  
621 Titus St Ext  
Weirton, WV 26062**

**PLEASE CHECK MARK ALL DIVISIONS FOR WHICH YOU ARE  
REGISTERING**

**EXECUTIVE FORMS DIVISIONS - AGE 36 TO 42**

<b>EXECUTIVE BLACK BELT FORMS</b>	<b>X</b>
Animal Form	
Other Empty Hand Form	
Stick Form	
Edged Weapon Form	

<b>EXECUTIVE BROWN BELT (ADVANCED) FORMS</b>	<b>X</b>
Line Form	
Other Empty Hand Form	
Stick Form	
Edged Weapon Form	

<b>EXECUTIVE GREEN BELT (INTERMEDIATE) FORMS</b>	<b>X</b>
Empty Hand Form	
Stick Form	
Edged Weapon Form	

<b>EXECUTIVE WHITE BELT (BEGINNER) FORMS</b>	<b>X</b>
Drills (punching, kicking, elbow, etc.)	
Empty Hand Form	
Stick Form	
Edged Weapon Form	

Cordell Blackshere  
621 Titus St Ext  
Weirton, WV 26062

**PLEASE CHECK MARK ALL DIVISIONS FOR WHICH YOU ARE REGISTERING**

**EXECUTIVE FORMS DIVISIONS - AGE 36 TO 42**

<b>MASTERS BLACK BELT FORMS</b>	<b>X</b>
Animal Form	
Other Empty Hand Form	
Stick Form	
Edged Weapon Form	

<b>MASTERS BROWN BELT (ADVANCED) FORMS</b>	<b>X</b>
Line Form	
Other Empty Hand Form	
Stick Form	
Edged Weapon Form	

<b>MASTERS GREEN BELT (INTERMEDIATE) FORMS</b>	<b>X</b>
Empty Hand Form	
Stick Form	
Edged Weapon Form	

<b>MASTERS WHITE BELT (BEGINNER) FORMS</b>	<b>X</b>
Drills (punching, kicking, elbow, etc.)	
Empty Hand Form	
Stick Form	
Edged Weapon Form	

## TEAM FORMS

<b>STAFF FORMS (List form to be performed)</b>	<b>X</b>

<b>SWORD FORMS (List form to be performed)</b>	<b>X</b>

<b>OPEN HAND FORMS (List form to be performed)</b>	<b>X</b>

### FORMS DIVISIONS - ADULT (AGE <36)

<b>BLACK BELT FORMS</b>	<b>X</b>
Animal Form	
Other Empty Hand Form	
Stick Form	
Edged Weapon Form	

<b>BROWN BELT (ADVANCED) FORMS</b>	<b>X</b>
Animal Form	
Other Empty Hand Form	
Stick Form	
Edged Weapon Form	

<b>GREEN BELT (INTERMEDIATE) FORMS</b>	<b>X</b>
Animal Form	
Other Empty Hand Form	
Stick Form	
Edged Weapon Form	

<b>WHITE BELT (BEGINNER) FORMS</b>	<b>X</b>
Drills (punching, kicking, elbow, etc.)	
Empty Hand Form	
Stick Form	
Edged Weapon Form	

### FORMS DIVISIONS - JUNIOR

<b>AGES 6 AND UNDER</b>	<b>X</b>
Drills (punching, kicking, elbow, knee, etc.)	
Empty Hand (Point, Square)	
Stick Form	
Edged Weapon Form (wood only)	

<b>AGES 7 &amp; 8</b>	<b>X</b>
Drills (punching, kicking, elbow, knee, etc.)	
Empty Hand (Point, Square)	
Stick Form	
Edged Weapon Form (wood only)	

<b>Ages 9 - 11</b>	<b>X</b>
Drills (punching, kicking, elbow, knee, etc.)	
Empty Hand (Point, Square)	
Stick Form	
Edged Weapon Form (wood only)	

<b>AGES 12 -14</b>	<b>X</b>
Drills (punching, kicking, elbow, knee, etc.)	
Empty Hand (Point, Square)	
Stick Form	
Edged Weapon Form (wood only)	

<b>AGES 15-17</b>	<b>X</b>
Drills (punching, kicking, elbow, knee, etc.)	
Empty Hand (Point, Square)	

Stick Form

Edged Weapon Form (wood only)

### SPARRING DIVISIONS - ADULT

<b>BLACK BELT SPARRING</b>	<b>X</b>
<b>Light Weight Men &lt; 159</b>	
<b>Middle Weight Men 160-179</b>	
<b>Heavy Weight Men 180-199</b>	
<b>Super Heavy Weight Men 200+</b>	
<b>Women</b>	
<b>Executive Men (36 to 42)</b>	
<b>Masters men (43+)</b>	
<b>Masters Women (40+)</b>	

### SPARRING DIVISIONS - JUNIOR

<b>AGES (12 – 14)</b>	<b>X</b>
<b>AGES (15 – 17)</b>	
<b>MALE 110 - 119 LB</b>	
<b>MALE 120 - 129 LB</b>	
<b>MALE 130 - 139 LB</b>	
<b>MALE 140 - 149 LB</b>	
<b>MALE &gt;150 LB</b>	
<b>FEMALE</b>	

### BROWN BELT (ADVANCED) SPARRING

**X**

<b>Light Weight Men &lt; 159</b>	
<b>Middle Weight Men 160-179</b>	
<b>Heavy Weight Men 180-199</b>	
<b>Super Heavy Weight Men 200+</b>	
<b>Women</b>	
<b>Executive Men (36 to 42)</b>	
<b>Master Men (43+)</b>	
<b>Masters Women (40+)</b>	

### GREEN BELT (INTERMEDIATE) SPARRING

**X**

<b>Light Weight Men &lt; 159</b>	
<b>Middle Weight Men 160-179</b>	
<b>Heavy Weight Men 180-199</b>	
<b>Super Heavy Weight Men 200+</b>	
<b>Women</b>	
<b>Executive Men (36 to 42)</b>	
<b>Masters Men (43+)</b>	
<b>Masters Women (40+)</b>	

### WHITE BELT (BEGINNER) SPARRING

**X**

<b>Light Weight Men &lt; 159</b>	
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<b>Middle Weight Men 160-179</b>	
<b>Heavy Weight Men 180-199</b>	
<b>Super Heavy Weight Men 200+</b>	

### **YOUTH FITNESS CHALLENGE**

<b>AGES 6 AND UNDER</b>	<b>X</b>
<b>SITUPS</b>	
<b>PUSHUPS</b>	
<b>ARM HANG</b>	
<b>VERTICAL LEAP</b>	
<b>SHUTTLE RUN</b>	
<b>30 YARD DASH</b>	

<b>AGES 7 &amp; 8</b>	<b>X</b>
<b>SITUPS</b>	
<b>PUSHUPS</b>	
<b>ARM HANG</b>	
<b>VERTICAL LEAP</b>	
<b>SHUTTLE RUN</b>	
<b>30 YARD DASH</b>	

<b>AGES 9 - 11</b>	<b>X</b>
<b>SITUPS</b>	
<b>PUSHUPS</b>	
<b>ARM HANG</b>	
<b>VERTICAL LEAP</b>	
<b>SHUTTLE RUN</b>	
<b>30 YARD DASH</b>	



## 2010 BANDO FREE-FIGHTING NATIONALS SPARRING RULES

### I. RULES FOR ALL DIVISIONS

#### A. General:

1. All competitors must have their own complete set of safety equipment to include:
  - a. Mouth guard
  - b. Head protector
  - c. Soft, foam-padded safety glove covering the fingers (**no leather, boxing or bag gloves - you will absolutely not be permitted to wear these**)
  - d. Chest protector for women and children
  - e. Groin protector for all male competitors
  - f. Shin pads
  - g. Soft, padded-safety kick boots or instep pads
2. Competitors shall be required to spar from the middle or long range, only temporarily entering the close range to deliver their offensive techniques, and then immediately withdrawing to the middle or long range.
3. Permitted target areas are:
  - a. Face (light contact is permitted to the head protector in Adult divisions)
  - b. Sides of head (except ears)
  - c. Front and sides of torso
  - d. Outside of thighs
4. **Intentional hard contact is not allowed or permitted head or face targets.** However light contact is permitted to the head protector in Adult divisions.
5. Bouts will be two minutes in duration, unless otherwise determined by the tournament director.

#### B. Prohibited Acts:

1. Adult Divisions:  
**No Excessive contact to the head or face (light contact only.)**
2. Junior Divisions:  
**ANY Contact to the head and face. Intentional heavy contact to the torso.**
3. Fighting after a "break" is called by the Ring Referee or Judges.

4. Fighting out of the ring.
5. Drawing blood either with a single blow or cumulative blows.
6. Executing blind techniques.
7. Striking the spine.
8. Striking the inside of the legs.
9. Striking the knees or below.
10. Striking an opponent after he/she has dropped a mouthpiece.
11. Unsportsmanlike conduct including unbecoming actions, profanity, or disrespect towards the competitors or the officials.
12. Excessive shouting or coaching instructions, coaches entering the ring, or unsportsmanlike conduct as described in #11 above.
13. Disobeying Ring Referee or tournament officials.
14. Failure to wear approved safety equipment. Equipment cannot be shared, including:
  - a. Mouth guard
  - b. Head protector
  - c. Soft, foam-padded safety gloves covering the fingers (no boxing or bag gloves)
  - d. Chest protector for women and children
  - e. Groin protector for all male competitors
  - f. Shin pads
  - g. Soft, padded safety-kick boots or instep pads

**No safety equipment shall have loose or torn pieces which could injure a competitor. The judgment of the Ring Referee is final.**

Any such violation in the first instance may result in immediate elimination without warning. Upon the second offense in the same or subsequent bout, the offending competitor may be disqualified from that bout or the tournament at the discretion of the Ring Referee or as a result of a joint decision among the judges and Ring Referee.

Bouts are to be decided by the judges and Ring Referee's overall decision voting in favor of one competitor.

The Ring Referee will break a tie in the judges' decision. A disputed decision by the ring staff may be appealed to the Tournament Director. All decisions by the Tournament Director are final.

# 2010 BANDO FREE-FIGHTING NATIONALS RULES AGREEMENT

I, the undersigned applicant/competitor, as part and parcel of my application for permission to participate in the 2010 BANDO FREE-FIGHTING NATIONALS (the "Tournament"), do hereby agree and certify under oath as follows:

- A. I have read or had explained to me prior to arriving at the Tournament all the rules of the Tournament, and I understand same; furthermore, I have been given an additional copy of the rules in connection with registration and have reviewed them to refresh my memory as to the rules.
- B. I have attended or will attend the general rules demonstration which will be presented prior to sparring competition, and I hereby expressly agree to be bound by the rules and to comply with them at all times. I understand that my failure to comply with these rules will be grounds for disqualification and removal from the competition.

I understand, agree and certify that the statements on this page are essential to my participation in the Tournament, and I understand that the Promoter and the ABA (as defined in the WAIVER) and other persons with whom I may compete are relying on the truthfulness of the representation I have just made in A. and B. above.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Competitor)

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent or Legal Guardian (if above signed is under 18))

# 2010 BANDO FREE-FIGHTING NATIONALS MEDICAL CERTIFICATION

I, the undersigned applicant/competitor, as part and parcel of my application for permission to participate in the 2010 BANDO FREE-FIGHTING NATIONALS, do hereby agree and certify under oath as follows:

- A. I am not injured or disabled in any way and can participate fully in the activities for which I have registered to compete at the 2010 BANDO NATIONALS, and I am under no medical restrictions of any kind concerning my ability to engage in the 2010 BANDO NATIONALS.
- B. I am in excellent health and physical condition and I am prepared to perform under serious athletic stress and I am taking no medication of any kind (over-the-counter or prescription) which will affect, limit, or cause an adverse reaction, by virtue of or in connection with my participation in the 2010 BANDO NATIONALS competition.
- C. I have no contagious disease of any kind whatsoever which can or may be spread to others by participation in the 2010 BANDO NATIONALS.

I understand, agree and certify that the statements on this page are essential to my participation in the Tournament, and I understand that the Promoter and the ABA (as defined in the WAIVER) and other persons with whom I may compete are relying on the truthfulness of the representation I have just made in A. and B. above.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Competitor)

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent or Legal Guardian (if above signed is under 18))

**2010 National Bando Free-Fighting and Naban Tournament  
CERTIFICATION / WAIVER / COVENANT NOT TO SUE  
LIMITATION OF LIABILITY / BINDING OF HEIRS**

I. I hereby apply to participate in the **2010 Bando Free-Fighting and/or Naban Tournament**, at **The Millsop Community Center 3420 Main St, Weirton WV 26062**, with events running from Friday, May 28<sup>th</sup> (Naban competition), on Saturday, May 29<sup>th</sup> 2010 (2010 Middle Style Nationals – kata, sparring, demonstrations and fitness events) and on Sunday May 30<sup>th</sup> (seminar), and I agree to abide by all Tournament, Event or Competition Rules and Regulations at all times.

II. **DEFINITIONS / WAIVER / CERTIFICATION**

A. **DEFINITION:** My name is \_\_\_\_\_, my Address is \_\_\_\_\_, and I hereby state and certify that I understand the “Promoter” as used in this document means (without limitation): The Weirton, West Virginia Bando Club, the owner(s) and/or operator(s) of the facility at which the 2010 Bando Free-Fighting Tournament will be held, and all the officials, instructors, referees, judges, members, guests, volunteers, spectators, representatives, employees, officers, employees, officials, directors, and agents (as the case may be and as the context may require) of the foregoing Bando Club and owner(s)/operator(s). I also state and certify that I understand and agree that all waivers and releases and limitations of liability and covenants not to sue as set out below are *also* applicable in every respect to **THE AMERICAN BANDO ASSOCIATION, INC.** and officials, instructors, referees, judges, members, guests, volunteers, spectators, representatives, employees, officers, employees, officials, officers, directors, and agents of **THE AMERICAN BANDO ASSOCIATION, INC.** (all of the foregoing persons and/or entities collectively being referred to hereinafter and in other related documents as the “ABA”).

B. **CERTIFICATION:** I hereby expressly certify to the “Promoter” and the “ABA” that I am of sound mind and body and that my health is such that I may freely participate in any BANDO, Karate, Naban or related martial arts or sport activity in the above mentioned 2010 Bando Free-Fighting Tournament, including, but not limited to free-sparring, Naban, empty- hand kata/forms, weapons forms competition, fitness competitions, and any exhibitions or demonstrations in which I may be a participant or a competitor. I also hereby expressly certify that I am aware that martial arts competitions such as those described above are **physically demanding contact activities** in which **very serious injury, permanent or temporary partial or complete disability and even death**, can accidentally occur, despite the use of appropriate care.

C. **WAIVER:** If I engage in or observe any of the above described martial arts competitions and/or demonstrations as set out above in connection with the above 2010 Weirton events, **I HEREBY FREELY AND IRREVOCABLY COMPLETELY WAIVE ANY AND ALL CLAIMS OR CAUSES OF ACTION FOR DAMAGES, EQUITABLE RELIEF OR LIABILITY OF ANY KIND OR NATURE WHATSOEVER BASED UPON ANY THEORY OF LIABILITY AGAINST THE “PROMOTER” OR THE “ABA” (AS DEFINED IN II(A) ABOVE), IN CONNECTION WITH MY PARTICIPATION IN OR OBSERVATION OF THE ABOVE ACTIVITIES, EXCEPT THAT I DO NOT** waive rights as to any other competitor in connection with acts of gross negligence or manifestly intentional deliberate actions intended to harm me in violation of the tournament rules, which acts are committed by other competitive participants involved in the 2010 events described above and who directly physically injure me. I agree NOT to involve the “Promoter,” or the “ABA” (both as defined in II(A) above) as Parties in any such claim or related legal action in any way inasmuch as I have waived claims as to them.

D. **COVENANT NOT TO SUE / LIMITATION OF LIABILITY / BINDING OF HEIRS.** In consideration of my acceptance as a participant in one or more of the events set out in Paragraph II(B) above, I hereby covenant, contract, promise and agree not to sue the “Promoter” (as defined in II(A) above), or the “ABA” (as defined in II(A) above) for any injuries or damages or losses or claims or claims or liability whatsoever (physical, emotional, mental or economic or equitable relief, including all claims such as those set out in II(C) above) which I may receive or suffer in connection with my participation 2010 Weirton events described above. In the event that the **WAIVER** in II(C) above or the **COVENANT NOT TO SUE** in this paragraph II(D), or both, are held to be partially or totally unenforceable, with the result that damages may be assessed for which the

“Promoter” or the “ABA” are liable, then (and only then) I agree that the total maximum aggregate liability of the “Promoter” and the “ABA” for any and all claims of whatsoever nature which I may bring (or which may be brought on my behalf) shall be limited to an amount of no more than **\$50,000.00** (irrespective of the number of claims, causes of action or defendants). I also hereby irrevocably bind my heirs, administrators, executors/executrices, representatives, attorneys at law and in fact and any guardians or conservators of the person or property to the provisions of this document. Any parent or legal guardian signing this document for a minor agrees to be bound hereby.

**E. PERSONALLY BINDING EFFECT:** I hereby certify that I have read, or have had read to me, the above waiver, assumption of risk and limitations of liability, and covenant not to sue. I reaffirm that the above provisions, apply to the tournament “Promoter” as defined in **II(A)** above, and to “ABA” as defined in **II(A)** above. I **hereby certify** that I understand these provisions, and that I **freely consent to being bound** by each and every term and provision thereof, and that I am of sound mind and am competent to enter into the above binding agreements. I also understand that the “Promoter” and the “ABA” (both as defined in **II(A)** above) and all persons or entities recited above who are the beneficiaries of the above waivers and assumptions of risk and covenants not to sue, limitation of liability and any related provision, are relying on this certification as an essential pre-condition to (and as a fundamental consideration for) allowing my participation in the 2010 Weirton events described above Any parent or legal guardian signing this document for a minor agrees to be bound hereby.

**SIGNED:** \_\_\_\_\_  
Competitor

**PERMISSION OF GUARDIAN OR PARENT(S) FOR APPLICANTS UNDER THE AGE OF 18:**

I/we, the undersigned, are the legal guardian(s)/parent(s) of the above applicant. I/we reaffirm that the terms and provisions of the above Disclosure and Agreement were explained to the Applicant (or that the Applicant read them) and that Applicant fully understands same; and that I/we have read and understand the terms and provisions of this document, binding myself/ourselves personally and in behalf of Applicant to the fullest extent permitted by Law.

PARENT/GUARDIAN: \_\_\_\_\_

IN CASE OF EMERGENCY, CONTACT:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

Phone No. (day): \_\_\_\_\_ (night): \_\_\_\_\_

All pre-registration forms must be SIGNED and sent as follows:  
Cordell Blackshere  
621 Titus St Ext  
Weirton, WV 26062

**Registration Fee PRIOR TO MAY 20<sup>TH</sup> is \$35.**  
**ANY REGISTRATION SUBMITTED AFTER MAY 20<sup>TH</sup> WILL BE \$50.**  
**Note, early registrations help us to organize the tournament day most efficiently!!!**